

OCTOBER 1-7 2023

SUNDAY POST

HERE . NOW



Remixes in music

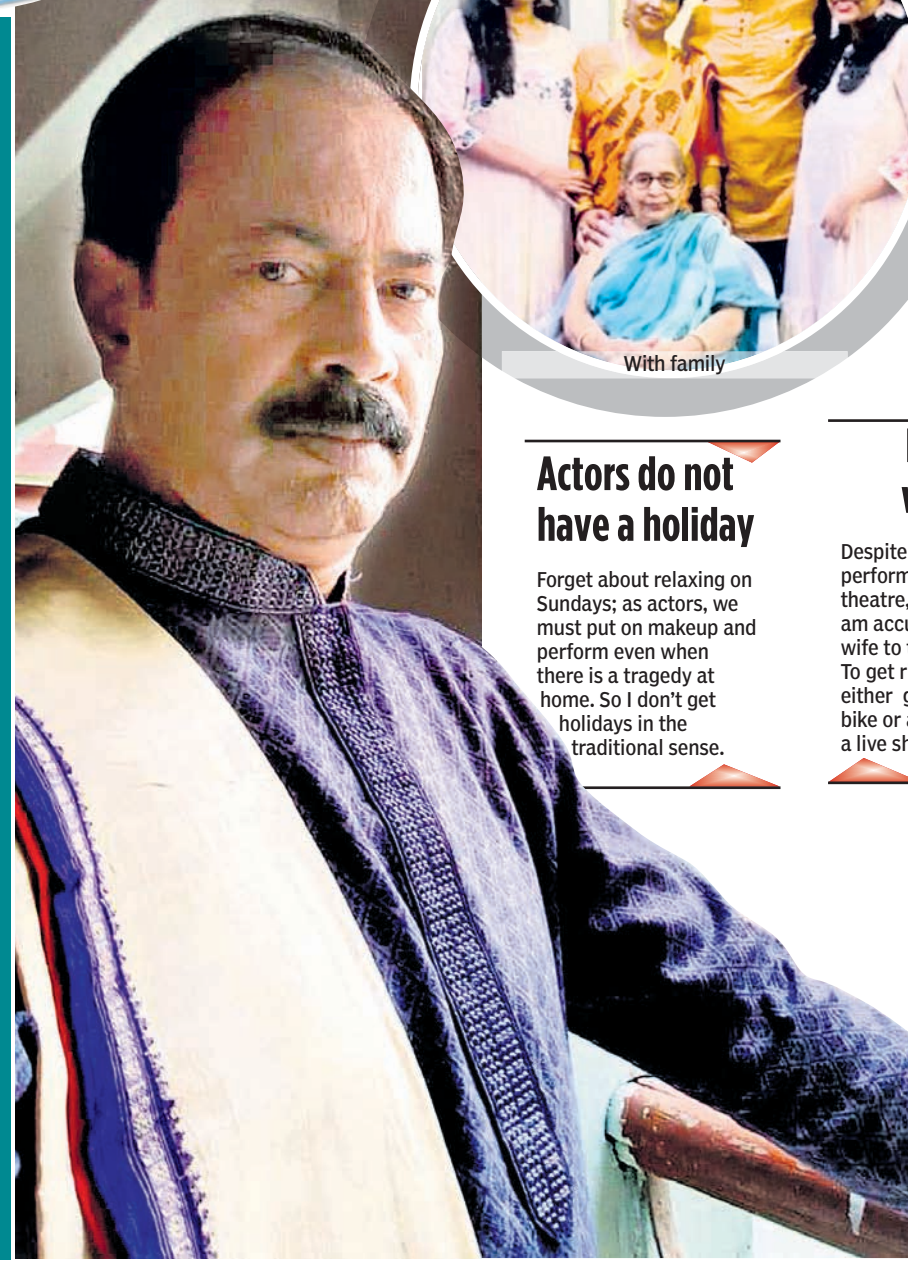
Echoes of Nostalgia

COVER STORY

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WITH OVER 15 FILMS, 50 TV SHOWS, AND AS MANY STAGE PLAYS TO HIS NAME, ACTOR-WRITER SOUMEN PUJARI HAS CARVED HIS OWN SPACE IN ODISHA'S ENTERTAINMENT LANDSCAPE. THE SON OF LEGENDARY ACTOR, DIRECTOR, AND EDUCATIONIST SARAT PUJARI HAS BROKEN THE ADAGE THAT CHILDREN DO NOT FARE WELL IF THEY FOLLOW IN THEIR FATHER'S FOOTSTEPS. WHEN HE ISN'T TASKED WITH ASSIGNMENTS, SOUMEN TAKES OUT HIS BIKE FOR A SHORT RIDE WITH WIFE ON THE PILLION



With family

Actors do not have a holiday

Forget about relaxing on Sundays; as actors, we must put on makeup and perform even when there is a tragedy at home. So I don't get holidays in the traditional sense.

Bike ride with wife

Despite the fact that I perform in radio plays, theatre, TV shows and films, I am accused of not taking my wife to the theatres enough. To get rid of such charge, we either go for a short trip on bike or auditoriums to enjoy a live show.

Me time

I rarely have time to myself. I used to read a lot, but the Internet has taken away that pleasure. But I enjoy meeting people and chatting with friends. When I'm alone, I like to sit quietly and reflect on matters.



With co-artists and director

BIJAY MANDAL, OP

WhatsApp This Week

Only on Sunday POST!

Send in your most interesting WhatsApp messages and memes at: features.orissapost@gmail.com
And we will publish the best ones

THE BEST MEMES OF THIS ISSUE

- Why did the Investigator question the flat iron? To straighten things out.
- Where does a fish go to borrow money? The loan shark!
- Like a flat tire.....how I'm rolling this morning.
- What did one pencil say to the other pencil? You're looking sharp!



OCEAN CALLING

Sir, Last week's article on World Maritime day reminded me how in the midst of land-based lives, the idea of standing on the edge of the ocean and feeling the rush of waves against the shore add zing to life. However, let's not forget those who make the ocean their workplace, like Roshan Nayak and Sagarjit Mishra, whose lives are a stark contrast to the idyllic beach scenes. These mariners embrace their duty despite the hardships. Their commitment to preserving the oceans and facilitating global trade is commendable. As we celebrate World Maritime Day, it's essential to acknowledge their sacrifices and resilience, ensuring that the call of the sea remains a choice, not a burden. Roshan's description of exploring new horizons and witnessing nature's power is captivating. Similarly, Sagarjit's irregular and demanding work hours, self-reliance for health and limited social connectivity highlight the sacrifices of the mariners.

DIVYANK MOHAPATRA, SUNDARGARH

LETTERS



A WORD FOR READERS

Sunday POST is serving a platter of delectable fare every week, or so we hope. We want readers to interact with us. Feel free to send in your opinions, queries, comments and contributions to

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Remixes in music

Echoes of Nostalgia

REHASHING RAGING MUSICAL HITS OF YORE THAT ALREADY ENJOY CULT STATUS IS OFTEN HAILED AND ASSAILED AT THE SAME TIME. SOME CLAIM IT MAKES DULL AND BORING TUNES MELODIOUS, WHILE OTHERS SAY THE PRACTICE TAKES AWAY THE ESSENCE OF THE ORIGINAL

MADHUSMITA SAHU, OP

Indian cinema boasts a rich and storied history, with one of its most treasured facets being its musical heritage. Hindi cinema, in particular, has given birth to timeless classics that continue to captivate global audiences. The tunes from the '50s, '60s, and '70s serve as time capsules, preserving the enchantment of an era when music transcended being mere background noise; it played a character in the narrative. Composed by legendary figures such as R.D. Burman, Lata Mangeshkar, and Kishore Kumar, these songs have etched their melodies and lyrics deep into the hearts of millions, embodying emotions, love, and storytelling.

However, in recent times, there is a blind craze for remixes. Music albums now feature remix versions of practically every song, oblivious to the song's core and vibe. So much so that popular composers and DJs like Amaal Mallik, Tanishk Bagchi, DJ Chetas, and many others have taken up the challenge of rejuvenating these classical songs.

Some people, however, claim the practice takes away the essence of an original song while others feel remixed songs make dull and boring tunes

'Classic songs should be left alone'

Popular singer Abhijeet Mishra, who has several Odia and Hindi albums to his credit, seemed not too excited about the growing trend of remixes. He said, "I don't support this practice because the original singer and songwriter, of the classics in particular, spend a considerable amount of time creating something exceptional. Therefore, in my opinion, certain melodies or songs should remain untouched and are best left as they are."



Moreover, there are instances when young singers get misled by the remix songs.

Sharing one such anecdote, he narrated, "This incident happened when I was once a part of pre-Indian Idol auditions in Delhi. After hearing Lata Ji's immortal song *Lag Ja*

Some musicians believe that remixing old songs can introduce the younger generation to classic music. But Abhijeet doesn't agree.

"I believe that classic songs have an inherent timeless quality, and attempting to recreate their essence is a challenging task. Even if you use the same artist or recording, you can never truly replicate the original vibe. Some things are simply beautiful when left in their original form. These songs had a dedicated fan-base in the past, they still maintain that following today, and will continue to do so in the future. I don't believe that remixes necessarily bring the younger generation closer to classical music," argued the singer.

However,

as classics and have been embraced by audiences; they are likely to continue to be appreciated even after undergoing transformations in the future. Therefore, it is the musician's duty to ensure that the song's essence is not tampered. A song's aesthetic must be grasped before making any alterations."

He further said, "When legends create music for a movie or a standalone track, they incorporate specific rhythms and melodies into the song. It's im-



Pasoori remade for the film *Satyaprem Ki Katha*

Gale from a young girl, I casually asked her 'Do you know who the original singer was?' 'Sanam Puri' the aspirant promptly responded, making me speechless for a while. This was an impact of remix and recreation."

Puri just recreated the iconic song of Lata Mangeshkar and was not the original singer.

"So, I am always for original songs and creating something from thin air is what I love. And I think classic songs should be left out."



Abhijeet is not totally against the trend of remix as he has grown up listening to a few remix artistes.

"One of them was the Bombay Vikings. Neeraj Shridhar tastefully arranged the classic songs and incorporated some English touches, which I found appealing. This remix still holds a special place as my favourite," recalled Mishra.

Asked on how to strike a balance between preserving the original essence and giving innovative touch in a remix, he shared, "I believe the key to this lies in your personal musical sensibility. When a composer decides to work on a classic song, he or she should approach it with a great deal of seriousness. Such songs have already earned their status

portant for us to honour their creative process and immerse ourselves in the same mindset they had during composition."

'Let's not distort the cult classics'

The remake of old songs has both positive and negative impacts on the music industry, said eminent music director **Prasant Padhi**.



"To begin with, I want to emphasise the adverse aspects. When a newly recreated song gains popularity among the audience, it tends to overshadow the original compositions. The artists or composers responsible for the remake often alter the essence of the classic piece, introducing twists or modifying the entire melody, which can dilute the song's originality and turn it into a mere gimmick," pointed out Padhi.



Substantiating the view of singer Abhijeet Mishra, the music director continued: "Some songs, such as Hrudayara ei sunyata ku and mu je eka pagala bhanra, have unfortunately lost their essence due to attempts at recreating them with different melodies. With various new singers taking on these songs, the original vocalists have faded from memory, making it difficult for the younger generation to identify the original renditions."

Padhi believes that the singers of original songs are the ones most impacted by the new reinterpretations.

Elaborating further, he said, "Jitendra Haripal and Krishna Patel's Rangabati is considered a cult classic. However, with new singers mixing and singing it differently, the original singers have been affected. If we add English phrases, rap elements, and new instruments to the songs, it will surely bring disruption."

On the positives, Padhi said, "Recreation of songs, particularly those hidden gems that have been lost or little heard, brings about positive outcomes. It ensures that these songs are not forgotten and allows people to enjoy them."

'Music's essence lies in staying true to artistic integrity'

Renowned lyricist and poet Mohit Chakraborty has a different take on the issue.

"In my opinion, the music industry isn't primarily focused on re-making or remixing old songs. Instead, today's young generation of musicians and composers are dedicated to creating original compositions rather than rehashing older material. I believe that only a small fraction, around two per cent of old songs undergo remakes, while the majority remains untouched," according to Chakraborty.

He adds, "Many soulful songs were created in the past which have not been remixed. They are still intact and left untouched. The



new composers nowadays are making new songs and not copying or remaking out of old songs. But yes, more Hindi songs are being twisted and recreated these days."

When asked how he views the remixing of old songs, no matter the language, the winner of several state film awards said, "Some dull songs are given new touches and they now sound good. But at the same time, I don't like the representation of the classic songs which have their distinct fan following."

Concluding the conversation, he added, "Aspiring musicians and composers need to recognise that music's essence lies in creating something extraordinary and distinctive for the audience while staying true to their artistic integrity and not straying from the original context."

'Remixes often help increase the shelf life of the original songs'

Ipsita Mohanty, a Pune based singer, said, "Music is to the soul what words are to the mind. I, being an old soul, would love to close my eyes, relax and vibe to a 70s song on a lazy Sunday afternoon. But while I am in the mood enjoying my best and



admiring the beauty of the lyrics and music, if a remix song pops up next, my thoughts would be divided and I would land up in a dilemma."

She adds, "Today's music industry loves to rehash raging hits and iconic songs from the past. While some attempts have clicked, many have failed to impress music lovers. While the original songs had their own

fan base, the remixes were equally popular for their unique beats and freshness and made it to birthday parties and school farewells.

Songs like *Kala Chasma*, *Dum Maro Dum*, *Humma Humma* have surely worked their magic and helped increase the shelf life and recall value of the original

songs. These songs were well received by the audience as the composers had added a



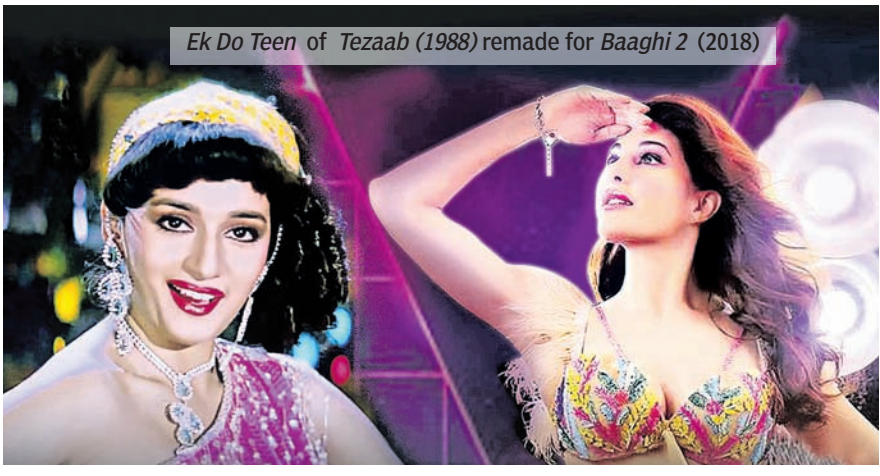
Aankh Marey of 1996 film Tere Mere Sapne recreated for film Simmba of 2018

modern electronic twist to the songs without tampering with the essence of the original compositions."

She further said, "Legendary singer late Lata Mangeshkar had earlier expressed in a blog, 'There is nothing objectionable about mixing old songs... it is perfectly alright to present a song in a new way until the actual essence is preserved. But to twist a song out of shape is just wrong.'"

"I completely support the idea of remixing a song whilst keeping its originality. Taking away its origin is like taking away its identity. And what's an entity without an identity?" asked Mohanty.

She signed off by saying, "I have been fortunate enough to have sung many original bhajans and romantic numbers. Having said that, I have also made several cover songs of old beautiful numbers. But I always keep in mind not to tamper with the root emotion. After all, music is all about emotions and emotions need to be kept pure and untouched. Beautifications can be done in the sides. Maintaining the right balance is very important."



Ek Do Teen of Tezaab (1988) remade for Baaghi 2 (2018)

Gandhi Jayanti

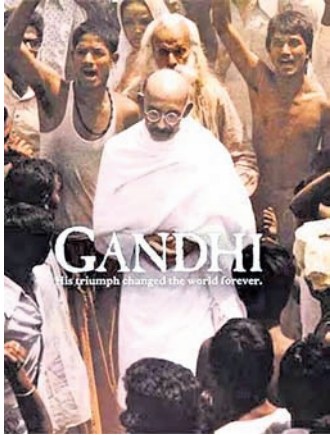
Bapu on celluloid

ACTIVITIES OF INDIAN FREEDOM WARRIORS HAVE BEEN WIDELY DEPICTED IN MOVIES OVER THE YEARS BUT THE ONES MADE ON THE LIFE AND TIMES OF THE FATHER OF NATION SIMPLY STAND OUT



Gandhi

Directed by Richard Attenborough, *Gandhi* is perhaps the most iconic portrayal of Mahatma Gandhi in cinema history. The film starred Sir Ben Kingsley in the titular role, delivering a performance that earned him an Academy Award for Best Actor. *Gandhi* provides a comprehensive look at Gandhi's life, from his early days in South Africa to his role in India's struggle for independence and his philosophy of non-violence. The film beautifully captures Gandhi's principles and his unwavering dedication to his cause.



Lage Raho Munna Bhai

While *Lage Raho Munna Bhai* is primarily a comedy film, it cleverly incorporates the teachings of Mahatma Gandhi. Directed by Rajkumar Hirani, the film stars Sanjay Dutt as Munna Bhai, a goon who undergoes a transformation after a series of events. It introduces the concept of Gandhigiri, a term coined to represent the practice of Gandhian principles in everyday life. This film managed to bring Gandhi's teachings to a younger generation in an accessible and entertaining way.



Hey Ram

Directed by and starring Kamal Haasan, *Hey Ram* is a thought-provoking film that delves into the political and personal life of Gandhi during the tumultuous period leading up to his assassination. The film explores Gandhi's role in attempting to prevent the partition of India and his interactions with various political figures of the time. *Hey Ram* presents a complex and multi-dimensional portrayal of Gandhi, showing both his strengths and weaknesses.



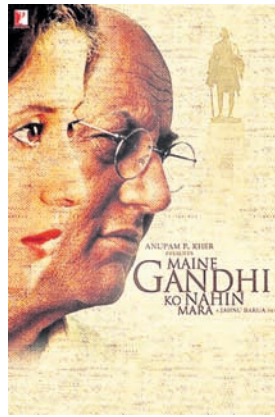
Gandhi, My Father

This film, directed by Feroz Abbas Khan, focuses on the tumultuous relationship between Mahatma Gandhi and his son Harilal Gandhi, played by Akshaye Khanna. It provides a unique perspective on Gandhi's life, showing his struggles as a father and the impact of his choices on his family. *Gandhi, My Father* humanizes the Mahatma, making him relatable on a personal level while not diminishing his monumental achievements.



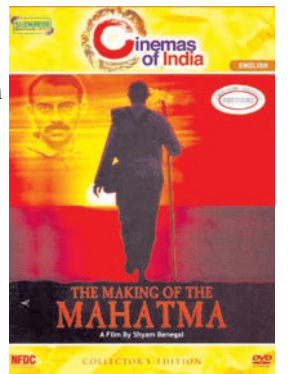
Maine Gandhi Ko Nahin Mara

In psychological drama, veteran actor Anupam Kher essays the character of a retired Hindi professor, Uttam Chaudhary, who suffers from dementia. Anupam Kher's character starts blaming himself for being the man accidentally responsible for Gandhi's assassination.



The Making of the Mahatma

This Indo-South African production showcased the early life of Mahatma Gandhi, depicting his 21 years as a barrister in South Africa, and his struggle there to rid the nation of the practice of apartheid. The titular role was played by Rajit Kapoor, and the film was directed by filmmaker Shyam Benegal. This 1996 film won two National Awards for Best Actor and Best Feature Film in English.



OP DESK

Aditya once bodyshamed Parineeti

Parineeti Chopra is leading all the headlines after she tied the knot with AAP MP Raghav Chadha in an intimate ceremony at Udaipur. Amid all these, an old video of Parineeti from Karan Johar's chat show *Koffee With Karan* has been doing rounds all over the internet. The actress can be seen talking about how she was scrutinized for her weight by her *Daawat-e-Ishq* co-star Aditya Roy Kapur.

Parineeti told Karan, "He (Aditya) is an honest buffoon, who will be like 'Pari, you got to lose the weight. Pari you got to like, little, like...I'm like you can say my hips or my b*t. Like he is very critical.' She also added that she would never date a guy like Aditya as he's a fitness freak."

One user said, "KJo and Aditya Chopra - the 2 men responsible for causing nonsensical insecurities within many actresses in this industry," while another wrote, "Typical mohalla uncle /aunty mentality. This is what most desi parents call their kids too."

AGENCIES



Prajakta owes everything to YouTube

Content creator-actress Prajakta Koli, who is known for *Juggugg Jeeyo*, *Neeyat*, and *Mismatched*, has said that she owes everything to her presence on the digital platform YouTube.

The actress started off as a content creator capitalising on the 4G revolution in India and carved a niche for herself as she became one of the top content creators of India in no time.

She recently attended the YouTube Fanfest in Mumbai's Goregaon area and shared her thoughts on the fest which returned after four years owing to the lull induced by the pandemic.

Talking about the same, Prajakta said: "It's been four years since YouTube Fanfest happened on the ground, and we are all overjoyed to have this platform back with us. It offers a sizable platform for networking, collaborating with other creators as well as connecting with the audience."

She further mentioned, "YouTube is a virtual universe where the people who worked so hard to create a product that gives you your life can interact with you. Therefore, it's a fantastic conclave of opportunities. I owe everything I currently possess to my YouTube presence."

IANS



Breshna leads period drama set in Kashmir

Actress Breshna Khan, who is known for her work in the Raveena Tandon-starrer *Aranyak*, and the streaming shows *Escapee Live*, and *The Freelancer*, will now be seen in Santosh Sivan's untitled project.

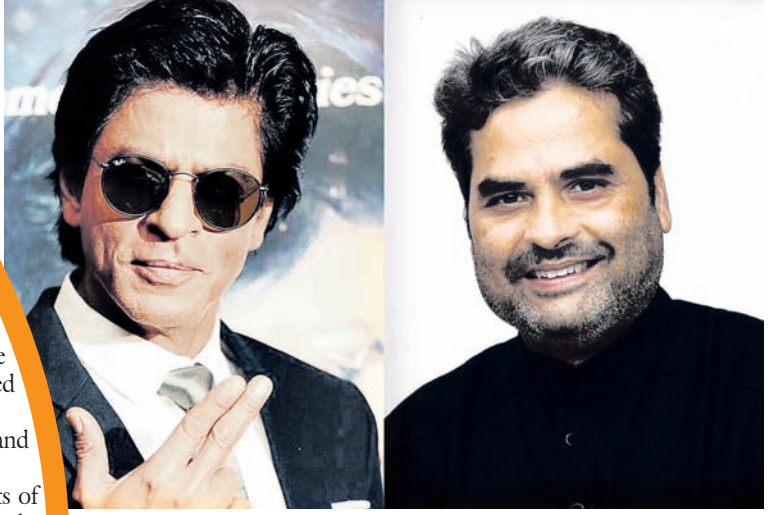
The actress has already shot for her first schedule and will soon be starting the shoot for the next.

The film is a period drama and consists of three acts. Breshna will play the lead in the first act and will continue to have an overarching presence throughout the film.

Talking about the film, the actress said, "It's a periodic film based 500 years back in Kashmir, directed by Santosh Sivan. The story is divided into three acts and I'm playing one of the leads in the first act who's going to remain a key character throughout the film and appear in flashbacks and dream sequences after the first act."

Breshna further mentioned, "This is something completely different from what I've done before, from the way I'm presented by Santosh sir (which is a dream come true) to the genre."

IANS



Vishal wants to team up with SRK

Vishal Bhardwaj, who is known for his unconventional cinema which explores the darker sides of humans, is all set to collaborate with his favourite actress Tabu in the upcoming spy entertainer *Khufiya*. During the promotions of the same, the filmmaker decided to open up about working with superstar Shah Rukh Khan.

In an interview with *News18*, the *Omkara* director recalled how once he came really close to working with Shah Rukh Khan. "At one point, we came very close to doing a film. It was announced also and we were going to shoot but somehow it didn't happen."

He went on to add that hopefully now that he has shot cameo with the star, he is hopeful that a movie with him is on the cards soon too. "We always think about when it will happen. When the time will come. Now that an indirect cameo has been done, film should be done too. I have that feeling. Even Shah Rukh agreed and told me that this time I think we can do something together."

For the unversed, the *DDLJ* star and Vishal were expected to work together in the adaptation of Chetan Bhagat's novel *2 States* but it failed to materialise.

IANS



Autumn Hair Care

Autumn is here and after a hot summer full of work, adventure, and heat it's time we start preparing for the new season! While the sun's UV rays, warm windy days, pool and seawater, and weeks at the beach may have felt good, they are also likely to have taken their toll on your hair.

The cooler fall weather brings dry, cold air, which can come with all sorts of unwanted hair issues including dry and dull tresses, sensitive scalps, and extra frizz. The change in season also requires some adjustments to be made to your hair care routine. Kickstart your post-summer hair-care regime immediately and make sure your locks welcome the cooler seasons looking vibrant, shiny, and restored.

Here are our top hair care tips to keep your hair lush throughout the autumn months.

GET REGULAR TRIMS

It's always a good idea to trim your hair regularly, but it's even more crucial during the autumn months when your hair is more prone to break and have split ends.



A summer of sun exposure can leave your hair damaged and fried. And, the longer your hair, the more susceptible you are to breakage. Your ends are most likely left feeling ultra-dry and brittle after months of being exposed to harsh sunlight, UV rays, chlorine, and swimming.

Make the most of the seasonal changes by adapting your autumn hair habits to match your hair's unique needs. Doing so will help transform your hair to look and feel better

than ever!

Consider Autumn the perfect time for a trim or even a big chop, as a way to get rid of any of the damage that the summer could have done to your hair. A trim will rid your hair of broken ends and will instantly make it look healthier.

Speak to your stylist about cutting away split ends, or consider a fresh new style altogether. Why not opt for a trending above-the-shoulder or lob cut?

MOISTURIZE YOUR HAIR



Give your hair an extra dose of moisture. You see – the crisp, cold weather has a nasty way of sucking moisture from your strands, causing static and frizz. The solution is to hydrate your hair at every opportunity

Drinking water isn't the only way to make sure your hair stays hydrated and healthy. Why not go directly to the source by deep conditioning your hair a few times each month? After all, there's no better feeling than when your hair is silky and frizz-free!

Shampoo your hair first to get it clean. Apply the conditioner on your ends and work your way to the roots. Leave the conditioner in for around 30 minutes. This could change depending on your hair type. Rinse off the conditioner with cold water.

Consider a bi-weekly deep conditioning treatment to combat static and tangles that

What does your hair need?
Everyone has different hair, and because of that, they might need different treatments throughout the drier months of fall. If you feel like your hair is lacking, but you're not sure what to do, and don't hesitate to get in touch with a hair expert in the nearest salon today.

come with fall hats and scarves. Just a few times a week is all you need to keep your hair healthy.

Oils and serums are a simple way to add moisture to your hair during the fall season. They replace the natural sebum that your hair produces in between washing your hair.

Don't forget to use the proper product for your hair type! If you have fine or thick hair, select a shampoo and conditioner corresponding to your specific hair type.

LIMIT HEAT STYLING

Let your hair air dry whenever possible and avoid using heated styling tools such as hair straighteners, curlers, and hair dryers.



It can be uncomfortable to let your hair air-dry during the cold autumn months however when you allow your hair to dry naturally, you help it retain moisture and protect it from damaging hot styling tools.

Using heat-activated tools can cause all sorts of damage, making it more prone to

breakage especially during the autumn months. If you must use heat, use a heat-protectant (spray, serum, mouse, or cream) product beforehand. The best weapon to fight frizz is good quality styling products, formulated specifically for the job.

DIET

The easiest healthy Autumn hair care tip you can practice that will lead to beautifully hydrated hair is good nutrition.

Vitamins are a great way to nourish your body, but they are also a great way to impact your hair. Vitamin A, vitamin C, biotin, and iron are all vitamins that will help your hair look shinier and healthier

Vitamin D is essential to healthy hair growth...Oily fish, red meat, egg yolks, and fortified foods are all rich in vitamin D.

Dark leafy vegetables like kale and spinach, which contain iron and vitamins C and A, will keep your tresses super strong, and of course



The author is an international fame beauty expert and is called the herbal queen of India



SHAHNAZ HUSAIN



JULI

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